

High Oaks Newsletter

Dates for the Diary

26th—30th May—Half Term

Monday 2nd June students return

19th June Sports Day—Further information to follow

24th June Syon and 6th Form Parents evening

25th June Kew and Richmond Parents Evening

Tuesday 22nd July—End of term 1.45 Finish.

Dear Parents and Carers,

It has been a short half term but it has been packed full of hard work and fun activities.

Last week staff and students celebrated Mental health Awareness week—This years theme was 'community'. Students worked together in their classes, departments and then in the wider school community to complete lots of activities to help us look after our mental health. You can see some of the activities we participated in, in the Newsletter.



Also this fortnight there is some information for families about training and support available for families as well as free sports activities running for young people with disabilities in July.

When we return after half term students will be participating in Get Active week, Oaklands has talent, Duke of Edinburgh expeditions and there are lots of exciting trips planned. Students will also begin transition preparation for September, be that in school to new classes or our leavers who will be moving onto college placements.

I look forward to seeing some more parents in school for our parent workshops, sports day, talent show and leavers assembly.

Have a lovely half term

Mairead

Syon 1

During Mental Health Awareness Week, we've been learning about mental health and how to manage our emotions. We did fun activities like making lemonade and yoga to help us relax and connect!



Exploring the Seasons: Spring and Summer in Kew 3

This term, the Kew 3 class has been busy learning all about the beautiful seasons of spring and summer in their English lesson. Pupils explored how the world around them changes, from blooming flowers to longer, sunnier days.

To celebrate their learning, Kew 3 proudly presented a class assembly, during which they shared facts and performed (signed) performances that highlighted what they had learned.

We were delighted to welcome the Head of School, who attended the assembly and was thoroughly impressed by the pupils' knowledge, teamwork, and enthusiasm.



Family Food Tech Workshop

Students from the Kew and Syon departments recently participated in a Family Food Technology Workshop, where they had the opportunity to demonstrate their cooking skills to parents and carers.

As part of the session, families learned more about the life skills curriculum and the importance of developing independence through practical tasks. Together, they prepared and cooked pitta pizzas, creating a hands-on, enjoyable experience for all involved.

The workshop was a valuable opportunity for families to engage with their children's learning and to see first hand the progress being made in food technology.



Classroom News - Richmond 3

Hello everyone.

This term we have been exploring and practicing how to care for our environment. We have looked at the effects of plastic waste that has on our ecosystem. We were learning how packages can be cleaned from oceans, beaches and recycled. We have been contacted by the Yeo Valley Company and they were pleased to find about our class "Ubley yogurt pots" recycling project' We also, have sewed seeds and have cleaned our sensory garden. In PSHE lessons we have explored Jewish Traditional Celebration. We had opportunities to see Jewish artefacts, listen to religious music and taste Challah bread.

Next week :

Celebrating National Numeracy Day

What are we reading ? The secret Garden, Sad sea



Osterley 1

Cooking and preparing hot drinks

The students have been doing great work in their cooking sessions, making exciting dishes such as Quorn noodles and a variety of pasta dishes! They are also continuing to learn how to make drinks independently



Dear Parents and Guardians,

Pop the Pig is a simple, colourful game where students take turns to feed hamburgers to the pig and watch it's belly grow bigger. Each burger has a number on the bottom and the player presses the pig's head that many times. Eventually the pig's belly will "pop" ending the round of the game.

SKILLS LEARNT IN THIS GAME

- **Taking Turns and Play:** Students can practice taking turns with friends. This helps them learn to play with others.
- **Learning New Words:** Talk about action words like "feed," "pop," and "roll", and describing words like "big," "small," "round," or colours.
- **Building Skills:** The game helps students improve hand strength, coordination, and fine motor skills.
- **Learning Cause and Effect:** Students see that when they press the pig's head, its belly grows and might pop, showing how actions lead to results.
- **Fun and Exciting:** Watching the pig's belly get bigger and waiting for the "pop" makes the game fun and exciting.



Contact therapists

If you have any concerns or questions about Speech and Language Therapy (SALT), please email

salt@oaklands.uk.net.

If you have any concerns or questions about Occupational Therapy (OT), please email
ot@oaklands.uk.net.

Information for Families



For family or friends who
step up to raise a child.

Feltham Phoenix Peer Support Group

Every fourth Thursday of the
month, starting the 22 May

Term time only

10am - 12pm

1-3 Hanworth Road

Feltham

TW13 5AF



Come along to our group for kinship carers - a chance
to meet, listen, share and support one another.

We'd love to see you there!

Visit [kinship.org.uk](https://www.kinship.org.uk) to learn more about free training,
advice and support available to all kinship carers.

If you are interested in joining, please contact Anna,



07940 965434



anna.louise-wigley@kinship.orh.uk

Information for Families

Free To Be Me - sports activities

Lampton is offering children free, fun sports activities, running until 22 July. Children can take part in karate, dance, gym, basketball and more from leisure centres across the borough.

Everyone is welcome, but the funding supports young people from an underserved background and those with learning disabilities aged 10-18. Lampton will accept school nurses' referrals for young people who the GP refers to participate in physical activities.

[Click here to register](#), any children needing a carer must mention "need to bring my carer" in their registration.

Supporting emotional health and wellbeing

[Please share this wellbeing news update](#) from the Solihull Approach, the NHS team behind inourplace.co.uk, with parents and carers. In our place is an online learning environment developed by psychologists and health practitioners providing accessible learning about emotional health and wellbeing, proven to positively impact mental health, behaviour and relationships.

In partnership with Hounslow Family Hubs, in our place offer free online courses for Hounslow parents and carers to support emotional health and wellbeing from pregnancy to 19+. Use code LBHPARENTS to register at: <https://inourplace.heiapply.com/online-learning/courses>

For more information about the courses please contact fami-lyhub@hounslow.gov.uk

If there is anything additional you'd like to see or if you're interested in teacher training or resources, please email soli-hull.approach@uhb.nhs.uk